

FFL GLOBAL ADVENTURE MENU WEEK 1

	Monday	Tuesday	Wednesday	Thursday	Friday
GLOBAL ADVENTURE	MEDITERRANEAN Chicken Gyros 93162890 Mediterranean Bulghar Wheat 93165325 Oregano Roasted Vegetables 93165324	THAI Thai Beef and Coconut Curry 93165368 Beggars Noodles 93131282 Peas 93065563	BRITISH Creamy Chicken Cobbler 93165400 * Creamed Potatoes 93095567 Broccoli 93143358	MEXICAN Chicken and Bean Chili 93165391 Wholegrain Rice * 93109633 Lightly Spiced Sweetcorn with Lime 93143075	BRITISH Home-made Battered Fish Fillet 93105116 Chips 93124814 Baked Beans 93162619 OR Peas 93065563
HIGH STREET FAVES	DEEP SOUTH DINER Beef Burger 93156920 Louisiana Bean Pot 93159955 Chipotle Potato Wedges 93163112 Coleslaw 93076060 Veggie Supreme Pizza (v) 93147947 Veg Bolognese Pasta (v) 93102889 Margherita Pizza (v) 93127257	WINGS & THINGS Special Marinated Roast Chicken Drumsticks with BBQ or Sticky Tabasco 93130941 Served with Garlic Bread* 93154277 Mac 'N' Cheese 93127228 Cucumber and Red Onion Salad 93165326 Cajun Chicken Sizzler Pizza 93148065 Arrabiata Pasta (v) 93147953 Margherita Pizza (v) 93127257	DEEP SOUTH DINER BBQ Pulled Beef Brisket 93162912 Piri Piri Halloumi Bun 93165523 Paprika Potato Wedges 93157066 Corn on the Cob 93130897 Hawaiian Pizza 93147946 Chunky Vegetable Pasta 93137661 Margherita Pizza (v) 93127257	WINGS & THINGS New Yorker Quorn Dog 93147290 Crispy Topped Sweet Potato Crumble 93165395 Baked Garlic & Herb Potato Wedges 93157067 Apple Slaw 93129285 Bacon Pizza 93127250 Herby Tomato Pasta (v) 93147954 Margherita Pizza (v) 93127257	DEEP SOUTH DINER Texas BBQ Chicken 93131191 Feta and Potato Frittata 93162900 Lemon Rice 93165328 Sweetcorn 93094208 Veggie Hot One Pizza (v) 93147968 Beef Bolognese 93102799 Margherita Pizza (v) 93127257
SPEEDY ITALIAN					

*Wholegrain ***Oily Fish (v) Vegetarian



FFL GLOBAL ADVENTURE MENU WEEK 2

	Monday	Tuesday	Wednesday	Thursday	Friday
GLOBAL ADVENTURE	MEDITERRANEAN Turkey and Mozarella Bake 93165402 Paprika Roasted Cauliflower 93165388	CHINESE Gelic and Soy Chicken 93165339 Wholegrain Rice * 93109633 Wok Tossed Oriental Vegetables 93130848	BRITISH Crispy Topped Beef Cumberland Pie 93165348 Thyme Potato 93165522 Carrots 93065561	JAPANESE Chicken Katsu Curry 93142170 Japanese Noodles 93163113 Pickled Cucumber Salad 93128255	BRITISH Jumbo Fish Fingers 93124814 Baked Beans 93162619 OR Peas 93065563
HIGH STREET FAVES	DEEP SOUTH DINER Beef and Mushroom Burrito 93165388 Sweet Potato & Squash Casserole 93101314 Served with Paprika Potato Wedges 93157066	WINGS & THINGS Special Marinated Roast Chicken Drumsticks with BBQ or Sticky Tabasco 93130941 Served with Garlic and Herb Bread* 93154277 Mac 'N' Cheese 93127228 Corn, Black Eye Bean and Feta Soft Taco 93162914 Served with Jewelled Rice 93165323	DEEP SOUTH DINER Creamy Fish Pasta Bake *** 93162896 BBQ Chicken Pasta* 93147137 Margherita Pizza (v) 93127257	WINGS & THINGS Maple and Mustard Glazed Chicken Meat 93165404 Smoky Cauliflower Cheese 93156770 Smoky Bean and Corn Topped Wedges 93168335	DEEP SOUTH DINER Piri Piri Pulled Pork Burger 93162908 Served with Cajun Potato Wedges 93157065
SPEEDY ITALIAN					

*Wholegrain ***Oily Fish (v) Vegetarian



FFL GLOBAL ADVENTURE MENU WEEK 3

	Monday	Tuesday	Wednesday	Thursday	Friday
GLOBAL ADVENTURE	British Mature Cheddar and Caramelised Onion Tart Green Beans 93153275	MEDITERRANEAN Greek Pork Wrap 93165386 Paprika Potato Wedges 93157066 Carrot and Orange Salad 93165364	CARIBBEAN Jerk Stewed Beef 93165331 Grains and Greens 93165325 Broccoli 93143358	INDIAN Chicken Tikka Masala 93128001 Wholegrain Rice * 93109633 Cucumber Raita 93142255	BRITISH Home-made Battered Fish Fillet 93105116 Chips 93124814 Baked Beans 93162619 OR Peas 93065563
HIGH STREET FAVES	DEEP SOUTH DINER Bacon Cheeseburger 93165573 Served with Baked Garlic & Herb Potato Wedges 93157067 Cajun Halloumi and Pineapple Rice Bowl 93165337	WINGS & THINGS Special Marinated Roast Chicken Drumsticks with BBQ or Sticky Tabasco 93130941 Feta and Chickpea Cake with Salsa 93086621 Mexican Yellow Rice * 93156761 Roasted Vegetables 93042664	DEEP SOUTH DINER BBQ Chicken Mac 'N' Cheese 93162906 Cajun Vegetable Burrito 93148008 Cajun Pulled Pork & Bean Pita 93147141 Cauliflower and Creamed Corn Bake 93130867	WINGS & THINGS Cajun Pulled Pork & Bean Pita 93147141 Fajita Potato Wedges 93163195 Southern Greens 93154278 Sicilian Cheese & Tomato Pizza (v) 93148000	DEEP SOUTH DINER Katsu Fish Finger Wrap 93128149 Mac 'N' Cheese 93127228 Crunchy Raw Slaw 93162913 Neapolitan Chicken Pizza 93147969 Herby Tomato Pasta (v) 93147954 Margherita Pizza (v) 93127257
SPEEDY ITALIAN					

*Wholegrain ***Oily Fish (v) Vegetarian

